



Reaching "Above and Beyond"

Serving the students of Conshohocken, Plymouth and Whitemarsh

DRUG/ALCOHOL PREVENTION PROGRAMS/ACTIVITIES

Guidance/Counseling/Instruction

- Embedded programming
 1. Drug and alcohol education included in the required 9th and 10th grade health courses
 2. Annual assembly and advisory programs regarding drug and alcohol topics, e.g. Philadelphia Police Narcotics Department presented "Heads up" program two years in a row, Mothers Against Drunk Driving, Binge Drinking addressed at Senior Transition Assembly
 3. Individual and small group counseling available for at risk students in grades K-5
 4. Student Support/Instructional Support Team intervention for at risk students in grades K-5
 5. Classroom Guidance Lessons that address the following related student competencies in grades K-5
 - *Develop positive attitudes toward self as unique and worthy person*
 - *Identify values, attitudes and beliefs*
 - *Understand the need for self control and how to practice it*
 - *Understand consequences of decisions and choices*
 - *Know when peer pressure is influencing a decision*
 - *Apply effective problem solving and decision making skills to make safe and healthy choices*
 - *Learn about the emotional and physical dangers of substance use and abuse*
 - *Learn how to cope with peer pressure*
 - *Learn techniques for managing stress and conflict*
 6. Recognition of Red Ribbon Week school-wide each year, including educational activities about the dangers of substance abuse in grades K-5
 7. Small group counseling sessions provided to selected students
 8. Challenge Day program which builds self-esteem and problem solving skills for grade 7 students
 9. FAST (Families and Schools Together) to provide additional support to parents and students thereby enhancing opportunities for student success.

DARE (Drug Abuse Resistance Education)

- CES – Grade 5
- CMS – Grade 6

CARE Teams – Student Assistance Team (CMS/PW)

- Reacts to any suspicions about possible student drug use/activity and mental health concerns
- Interviews student, collects information from teachers, contacts parents, makes referral for free drug assessments, recommends treatment programs, assigns faculty mentor

SAAD – *Students against Destructive Decisions* - Student club focused on preventing involvement with drugs and alcohol

- Plans student education programs related to drugs and alcohol
- Conducts alternate, fun, drug-free recreational activities

Zero Tolerance Policy – For any student who has violated CSD Drug and Alcohol Policy

- Mandatory free drug and alcohol assessment set up by PW Community Counselor
- Student must participate in any treatment recommended through assessment.
- Community Counselors provide ongoing counseling related to drug use.

Assembly Programs/Speakers

- For example: Whitemarsh Police speak to parents about drug and alcohol issues at annual orientation program for parents of 9th graders each year.

Technology

- 41 Cameras

Alternative School Placements

- Lincoln Academy
- “Off-site” Placements
 1. Lincoln
 2. Lakeside

CSD Personnel Dedicated to Drug and Alcohol Safety Programs

- Community Counselors – CMS & PWHS
- Security
 1. District Security Officer
 2. 5 Officers (PWHS)/ 5 Hall Monitors
 3. 1 Officer (CMS)/ 2 Hall Monitors
- Home and School Visitor Services
- Community Mental Health Liaison

Communication (Sharing of Information)

- Monthly Police/School/Probation Personnel Meetings
- District Hotline Available to Leave Messages Anonymously
- Memorandum of Understanding with Plymouth and Whitemarsh Townships Providing Guidelines for Collaboration, Investigative and Arrest Protocol.